

Selfitis Affects Concentration of the Higher Education Students During Lecture Hours

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Abstract:

Because of technological advancement in Smartphone, selfies are easy to manipulate. Based on the feedback of others, people are engaging themselves in selective self-presentation to strengthen their self-concept. The American Psychiatric Association saying that taking 'Selfie' is a mental disorder and termed it as 'SELFITIS'. Selfie practice is more prevalent among higher education students, because they are more concerned about their self-image. If the self-esteem of higher education students decreases it will affects their self confidence. Higher education teachers are facing difficulties to take hold of the concentration of students because of selfitis. This research has been carried out with the students and teachers of Cihan University-Erbil, Kurdistan region, Iraq. Researchers found that, 88% of higher education students using their Smartphone during lecture hours and 100% of teachers expressed their worries that this "SELFITIS" affects the concentration of their students.

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